



March 2021 9-12 At School Lunch Menu

<p>1 WG Chicken Corndog (2m,2wg) Corn (3/4s) Ketchup WG Bear Grahams (1wg) Fresh Cut Pineapple (1/2c) Milk (1c) <i>ca= 640 cb=116 so=805</i></p>	<p>2 Tony's Pizza (2m, 2wg, 1/8r) Green Beans (3/4o) Fresh Melon (1/2c) Milk (1c) <i>ca=600 cb=103 so=795</i></p>	<p>3 WG Buffalo Chicken Patty & WG Bun (2m, 2.75wg) Buffalo Sauce Broccoli (3/4g) Fresh Melon (1/2c) Milk (1c) <i>ca= 625 cb=98 so=1171</i></p>	<p>4 Meatballs & Spaghetti (2m, 6 meatballs, 1/4r) WG Pasta (1/4wg) Carrot Sticks (1/2r) Fresh Pineapple (1/2c) WG Roll (1wg) Milk (1c) <i>ca= 635 cb=66 so=1035</i></p>	<p>5 WG Chicken Nuggets (2m, 1wg) WG Dinner Roll (1wg) Ketchup Baked Beans (3/4l) Fresh Melon (1/2c) Milk (1c) <i>ca= 630 cb=84 so=1230</i></p>
<p>8 Beef Hot Dog & WG Bun (2m, 1.5wg) Mashed Potatoes (3/4s) Whole Apple (1/2c) Milk (1c) <i>ca= 630 cb=94 so=1127</i></p>	<p>9 Walking Taco Beef (1m) WG Nacho Chips (1wg) Refried Beans (3/4l) Cheddar Cheese (1m) Fresh Pineapple (1/2c) Milk (1c) <i>ca= 645 cb=118 so=676</i></p>	<p>10 WG Chicken Nuggets (2m, 1wg) Ketchup Corn (3/4s) WG Bear Grahams (1wg) Fresh Melon (1/2c) Milk (1c) <i>ca= 645 cb=85 so=709</i></p>	<p>11 Sloppy Joe (2m, 1/4r) WG Bun (1.75wg) Hash Brown (1/4s) Carrot Sticks (1/2r) Ranch Fresh Melon (1/2c) Milk (1c) <i>ca= 644 cb=84 so=1205</i></p>	<p>12 Tony's Pizza (2m, 2wg, 1/8r) Beef Peperoni Broccoli (3/4g) Ranch Fresh Melon (1/2c) Milk (1c) <i>ca= 603 cb=89 so=1199</i></p>
<p>15 Meatballs, Mashed Potatoes & Gravy (1.8m, 5 meatballs, 3/4s) WG Dinner Roll (1wg) Fresh Pineapple (1/2c) Milk (1c) <i>ca= 621 cb=75 so=1204</i></p>	<p>16 WG BBQ Chicken Patty & WG Bun (2m, 2.75wg) BBQ Sauce Broccoli (3/4g) Fresh Melon (1/2c) Milk (1c) <i>ca= 625 cb=98 so=1171</i></p>	<p>17 Hamburger Patty & WG Bun (2m, 1.75wg) Ketchup Baked Beans (3/4l) Whole Banana (1/2c) Milk (1c) <i>ca= 625 cb=111 so=1106</i></p>	<p>18 Meatball Sub & WG Bun (1.8m, 5 mballs, 1.5wg, 1/4r) Carrot Sticks (1/2r) Ranch Dressing Fresh Melon (1/2c) Milk (1c) <i>ca= 600 cb=75 so=1211</i></p>	<p>19 Chili Cheese Wrap (2m, 2wg) WG Corn Chips (1wg) Celery (3/4o) Ranch Fresh Pineapple (1/2c) Milk (1c) <i>ca=620 cb=102 so=1087</i></p>
<p>22 WG Chicken Corndog (2m,2wg) Corn (3/4s) Ketchup WG Bear Grahams (1wg) Fresh Cut Pineapple (1/2c) Milk (1c) <i>ca= 640 cb=116 so=805</i></p>	<p>23 Tony's Pizza (2m, 2wg, 1/8r) Green Beans (3/4o) Fresh Melon (1/2c) Milk (1c) <i>ca=600 cb=103 so=795</i></p>	<p>24 WG Buffalo Chicken Patty & WG Bun (2m, 2.75wg) Buffalo Sauce Broccoli (3/4g) Fresh Melon (1/2c) Milk (1c) <i>ca= 625 cb=98 so=1171</i></p>	<p>25 Meatballs & Spaghetti 2m, 6 meatballs, 1/4r) WG Pasta (1/4wg) Carrot Sticks (1/2r) Fresh Pineapple (1/2c) WG Roll (1wg) Milk (1c) <i>ca= 635 cb=66 so=1035</i></p>	<p>26 WG Chicken Nuggets (2m, 1wg) WG Dinner Roll (1wg) Ketchup Baked Beans (3/4l) Fresh Melon (1/2c) Milk (1c) <i>ca= 630 cb=84 so=1230</i></p>
<p>29 Beef Hot Dog & WG Bun (2m, 1.5wg) Mashed Potatoes (3/4s) Whole Apple (1/2c) Milk (1c) <i>ca= 630 cb=94 so=1127</i></p>	<p>30 Walking Taco Beef (.5m) WG Nacho Chips (1wg) Refried Beans (3/4l) Cheddar Cheese (1m) Fresh Pineapple (1/2c) Milk (1c) <i>ca= 645 cb=118 so=676</i></p>	<p>31 WG Chicken Nuggets (2m, 1wg) Ketchup Corn (3/4s) WG Bear Grahams (1wg) Fresh Melon (1/2c) Milk (1c) <i>ca= 645 cb=85 so=709</i></p>	<p><i>ca = calories grams cb = carbohydrates grams so = sodium mg Fat Free Chocolate Milk or 1% White Milk Offered Offer vs Serve Additional juice (1/2c), carrots (1/2r), roll (1wg) offered every day</i></p>	<p><i>m = meat/protein wg = whole grain r = red/orange l = legume o = other s = starchy g = green</i></p>

NO PORK or PEANUTS SERVED AT ANY TIME MENU SUBJECT TO CHANGE

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