

JANUARY 29-FEBRUARY 2



# BREAKFAST & LUNCH MENU

BREAKFAST

MON

Bagels w/choice  
of cream  
cheese, fruit  
spread, or  
sunbutter  
Fresh Fruit  
Milk

TUE

Breakfast  
Quesadilla  
Fresh Fruit  
Milk

WED

Breakfast fried  
rice  
Fresh Fruit  
Milk

THU

Cheddar Grits  
with Turkey  
Sausage  
Fresh fruit  
Milk

FRI

Baked Berry  
Cobbler  
Fresh Fruit  
Milk

LUNCH

Fajita Chicken  
Pasta  
Penne Pasta with  
fajita chicken,  
black beans,  
corn, peppers,  
onions

Taco Tuesday  
Homestyle beef  
tacos with  
lettuce,  
tomatoes, and  
shredded cheese

Hot Dog Bar  
Served with a  
spiced mango  
salsa and a light  
spicy sauce,  
coleslaw, and a  
bag of chips

Deli Style  
Subwiches  
with Swiss  
cheese, lettuce,  
tomatos,  
banana  
peppers, and  
pepperoncini  
aioli, served  
with kettle  
chips

Chicken Suqaar  
Somali stewed  
chicken with  
Basmati rice,  
black Eyed Peas,  
cucumber,  
tomato, and a  
yogurt chili sauce

## ALTERNATIVE LUNCH (PREORDER ONLY)

Garden salad  
with spiced  
garbanzo beans

Chicken salad  
sandwich

Hummus Veggie  
Wrap

Cobb salad with  
turkey bacon

Turkey club  
sandwich

Scan to order  
alternative lunch



GLUTEN - FREE AND VEGAN OPTIONS  
AVAILABLE UPON REQUEST

WWW.ARTCOLLEGEPREP.ORG