

## BREAKFAST & LUNCH MENU

MON

No School

TUE

**Cinnamon Apple** Muffins

Fresh Fruit Milk

**WED** 

Breakfast Quesadilla Quesadillas with eggs, peppers, onions, salsa Fresh Fruit Milk

THU

**Breakfast fried** rice with turkey Fresh Fruit Milk

FRI

**Biscuits with turkey** gravy Fresh Fruit Milk

No School

Penne pasta baked in tomato sauce with beef and cheese and a side of vegetables

**Baked Goulash** 

Carne Asada Burritos

Rice and beef burrito served with a side of roasted corn salad

**Throwback Thursday: Sloppy** loes

with a side of fries and coleslaw

Macaroni and **Cheese Bar** 

with choice of toppings: turkey bacon, whole grain garlic bread crumbs, diced jalapenos, diced chicken, hot sauce

ALTERNATIVE LUNCH (PREORDER ONLY)

Garden salad with spiced garbanzo beans

Chicken salad sandwich

Cobb salad with turkey bacon

Wrap

Hummus Veggie

Scan to order alternative lunch



GIUTEN-ERFF VEGAN OPTIONS A N DAVAILABLE UPON REQUEST

Turkey club

sandwich

WWW.ARTCOLLEGEPREP.ORG