

MARCH 17-21



BREAKFAST & LUNCH MENU

BREAKFAST

MON

Bagels

Bagels with Cream
Cheese, Jelly
Fresh Fruit
Milk

TUE

Breakfast Quesadilla

Quesadillas with
eggs, peppers,
onions, salsa
Fresh Fruit
Milk

WED

Gilgeori toast

Korean Street Toast
with eggs, cabbage
Fresh Fruit
Milk

THU

**Egg and Cheese
muffin sandwich**

Fresh Fruit
Milk

FRI

**Breakfast Power
Bowl**

Eggs, Potatoes,
Tomatoes, and toast
Fresh Fruit
Milk

LUNCH

**Chili with garlic
bread**

Homemade beef
chili with garlic
bread and mixed
vegetables and a
side of roasted
broccoli

Nachos

with choice of
toppings; Cheese
sauce, Salsa,
jalapenos, diced
chicken, hot sauce

**Bibimbap w/Kbbq
Beef**

Seasoned rice,
Korean BBQ beef or
braised tofu, kimchi,
julienned carrots,
quick pickled
cucumber, sesame
spinach, Spicy
Gochujang sauce

**Chicken Sandwich
with Kimchi Slaw**

Served with a side
of spicy seasoned
fries

Chicken Suqaar

Somali Stewed
Chicken with
Basmati rice, Black
Eyed Peas,
Cucumber, tomato,
and a yogurt chili
sauce

ALTERNATIVE LUNCH (PREORDER ONLY)

Garden salad
with spiced
garbanzo beans

Chicken salad
sandwich

Hummus Veggie
Wrap

Cobb salad with
turkey bacon

Turkey club
sandwich

Scan to order
alternative lunch



GLUTEN - FREE AND VEGAN OPTIONS
AVAILABLE UPON REQUEST

WWW.ARTCOLLEGEPREP.ORG