

NOVEMBER 17-21



BREAKFAST & LUNCH MENU

BREAKFAST

MON

French Toast
Fresh Fruit
Milk

TUE

Breakfast Fried Rice
Fresh Fruit
Milk



WED

**Cranberry Orange
French Toast Bake**
Fresh Fruit
Milk

THU

**Spicy Chicken &
Waffles**
Fresh Fruit
Milk

FRI

Bagels
with cream cheese
and assorted jams
Fresh Fruit
Milk

LUNCH

**Grilled Cheese
and Tomato Soup**
with a side salad

Baked Goulash
with a side salad

Roast Turkey
with gravy, stuffing,
mashed potatoes,
and green beans

**Green Coconut
Thai Curry**
served with rice

Chicken Pot Pie
served over a warm
biscuit

ALTERNATIVE LUNCH (PREORDER ONLY)

Garden salad
with spiced
garbanzo beans

Chicken salad
sandwich

Hummus Veggie
Wrap

Cobb salad with
turkey bacon

Turkey club
sandwich

GLUTEN - FREE AND VEGAN OPTIONS
AVAILABLE UPON REQUEST

WWW.ARTCOLLEGEPREP.ORG